
MIAMI-DADE COUNTY PUBLIC SCHOOLS, FL

MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

2003

Table 2j. Percentage of Middle School Students Who Had Rarely or Never Worn Seatbelts* and Who Had Ever Ridden in a Car with a Driver Who Had Been Drinking Alcohol, by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Rarely or never wore seat belts						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	9.6	4.8
Black [§]	23.5	5.8	16.9	5.9	20.2	4.8
Hispanic	18.7	3.2	15.2	3.3	17.0	2.3
Other	—	—	—	—	—	—
Grade						
6	15.9	4.4	10.0	5.0	13.0	3.1
7	20.6	4.4	15.8	4.0	18.3	3.4
8	21.8	4.0	18.2	3.9	20.1	3.2
Total	19.6	2.6	14.7	2.7	17.2	2.1
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	—	—	—	—	26.5	8.8
Black	24.6	5.4	19.4	4.8	22.2	4.1
Hispanic	31.1	4.2	30.0	5.5	30.5	3.8
Other	—	—	—	—	—	—
Grade						
6	21.2	6.7	19.3	7.4	20.2	5.0
7	31.8	5.6	27.0	5.2	29.6	4.2
8	33.8	4.8	32.3	5.9	33.0	4.2
Total	28.8	3.4	26.3	3.8	27.6	2.9

*When riding in a car.

†95% confidence interval.

§Non-Hispanic.

¶Not available.

Table 3j. Percentage of Middle School Students Who Had Rarely or Never Worn Bicycle Helmets* or Rollerblade or Skateboard Helmets,† by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Rarely or never wore bicycle helmets						
Race/Ethnicity						
White [¶]	— ^{**}	—	—	—	60.6	17.1
Black [†]	93.5	3.0	84.9	6.8	89.7	4.4
Hispanic	85.7	4.5	83.1	3.9	84.5	3.4
Other	—	—	—	—	—	—
Grade						
6	73.8	9.0	73.6	9.0	73.8	7.7
7	89.2	4.6	84.7	5.0	87.2	4.0
8	91.0	3.0	86.7	7.0	89.1	3.7
Total	84.6	4.4	81.3	5.1	83.1	4.2
Rarely or never wore a helmet when using rollerblades or riding a skateboard						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	—	—	—	—	88.8	7.4
Hispanic	81.3	3.8	86.5	4.8	83.8	3.4
Other	—	—	—	—	—	—
Grade						
6	76.7	9.2	—	—	77.3	9.6
7	86.0	5.5	86.4	5.0	86.2	3.8
8	85.6	4.4	88.9	6.2	87.2	4.6
Total	82.2	4.3	84.2	5.4	83.2	4.2

*Among the 81.6% of students who had ridden a bicycle.

†Among the 53.3% of students who had used rollerblades or ridden a skateboard.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 4j. Percentage of Middle School Students Who Had Ever Carried a Weapon,* Who Had Ever Been in a Physical Fight, and Who Had Ever Been Hurt in a Physical Fight,† by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Carried a weapon						
Race/Ethnicity						
White [¶]	— ^{**}	—	—	—	21.6	8.8
Black [¶]	28.4	6.7	11.9	5.0	20.4	4.0
Hispanic	32.1	4.7	17.0	4.4	24.6	3.7
Other	—	—	—	—	—	—
Grade						
6	17.3	5.4	9.3	4.5	13.4	3.9
7	38.9	6.2	16.8	5.0	28.2	4.7
8	36.0	4.8	18.1	5.1	27.3	4.4
Total	30.9	3.6	14.7	3.1	23.0	2.9
Were in a physical fight						
Race/Ethnicity						
White	—	—	—	—	43.2	10.1
Black	83.1	4.3	64.0	5.6	74.1	4.0
Hispanic	75.0	4.1	43.1	4.9	59.2	3.2
Other	—	—	—	—	—	—
Grade						
6	71.8	7.7	45.1	6.5	58.8	6.5
7	77.7	5.6	43.2	6.6	61.2	5.7
8	76.5	4.3	54.2	8.1	65.6	4.9
Total	75.4	3.6	47.6	4.2	61.9	3.2
Were hurt in a physical fight						
Race/Ethnicity						
White	—	—	—	—	4.3	4.8
Black	8.5	3.9	4.5	2.4	6.6	2.0
Hispanic	10.4	2.3	4.6	2.2	7.5	1.8
Other	—	—	—	—	—	—
Grade						
6	8.7	5.3	5.1	3.1	7.0	3.0
7	9.2	3.2	3.6	2.4	6.5	2.5
8	9.9	3.5	3.2	1.7	6.6	2.3
Total	9.5	2.3	4.1	1.5	6.9	1.6

*For example, a gun, knife, or club.

†Had to be treated by a doctor or nurse.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 5j. Percentage of Middle School Students Who Had Ever Seriously Thought About Killing Themselves, Who Had Ever Made a Plan About How To Kill Themselves, and Who Had Ever Tried To Kill Themselves, by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Seriously thought about killing themselves						
Race/Ethnicity						
White [†]	— [§]	—	—	—	19.9	8.3
Black [†]	14.7	5.5	13.9	3.8	14.2	3.8
Hispanic	13.9	2.9	25.6	3.8	19.7	2.2
Other	—	—	—	—	—	—
Grade						
6	13.7	5.5	16.6	5.3	15.1	4.0
7	14.8	5.0	24.1	4.9	19.2	3.3
8	15.0	3.2	25.2	4.9	20.0	3.0
Total	14.7	2.4	21.9	3.0	18.2	1.8
Made a plan about how to kill themselves						
Race/Ethnicity						
White	—	—	—	—	14.6	6.9
Black	7.4	2.9	8.9	3.7	8.1	2.3
Hispanic	8.7	2.2	15.8	2.5	12.3	1.7
Other	—	—	—	—	—	—
Grade						
6	7.0	4.8	8.2	3.6	7.5	3.1
7	10.6	4.2	15.4	3.4	12.9	2.7
8	8.4	2.2	18.0	4.1	13.2	2.2
Total	8.6	2.1	13.9	2.6	11.2	1.6
Tried to kill themselves						
Race/Ethnicity						
White	—	—	—	—	6.2	4.2
Black	4.3	3.2	7.6	3.6	5.8	2.8
Hispanic	8.4	2.2	12.2	3.7	10.4	2.3
Other	—	—	—	—	—	—
Grade						
6	5.6	3.2	7.5	3.8	6.5	2.3
7	7.1	3.0	11.1	3.9	9.0	3.1
8	8.2	2.6	11.8	3.4	10.0	1.8
Total	6.9	1.6	10.2	2.4	8.5	1.4

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

Table 6j. Percentage of Middle School Students Who Had Ever Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Lifetime cigarette use[†]						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	22.4	9.2
Black [§]	30.2	5.9	21.5	5.7	25.9	4.4
Hispanic	31.9	4.4	30.2	4.9	31.0	3.7
Other	—	—	—	—	—	—
Grade						
6	17.4	6.5	20.3	7.9	18.8	6.7
7	32.1	4.3	24.4	6.0	28.3	4.7
8	41.6	5.2	34.4	5.8	38.0	4.3
Total	30.4	3.1	26.4	4.1	28.4	3.2
Lifetime daily cigarette use^{**}						
Race/Ethnicity						
White	—	—	—	—	2.8	2.5
Black	3.8	3.0	1.6	1.5	2.7	1.8
Hispanic	5.2	1.8	4.1	2.0	4.7	1.5
Other	—	—	—	—	—	—
Grade						
6	1.7	0.7	1.7	2.2	1.7	1.1
7	4.3	2.6	3.6	2.2	4.0	2.1
8	8.7	2.4	2.7	1.3	5.7	1.6
Total	4.8	1.3	2.9	1.3	3.9	1.0

*95% confidence interval.

[†]Ever tried cigarette smoking, even one or two puffs.[§]Non-Hispanic.[¶]Not available.^{**}Ever smoked at least one cigarette every day for 30 days.

Table 7j. Percentage of Middle School Students Who Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Current cigarette use[†]						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	4.6	3.6
Black [§]	6.5	2.4	0.3	0.7	3.5	1.5
Hispanic	6.9	2.4	8.0	3.4	7.5	2.2
Other	—	—	—	—	—	—
Grade						
6	4.4	3.0	5.7	4.7	5.0	3.0
7	7.0	3.3	5.9	4.0	6.5	2.9
8	8.8	3.0	3.7	1.8	6.3	1.9
Total	6.7	1.7	5.2	2.2	6.0	1.4
Current frequent cigarette use^{**}						
Race/Ethnicity						
White	—	—	—	—	1.6	1.1
Black	0.3	0.7	0.0	0.0	0.2	0.4
Hispanic	1.0	0.8	1.2	1.1	1.1	0.7
Other	—	—	—	—	—	—
Grade						
6	0.0	0.0	1.1	1.4	0.6	0.7
7	1.0	1.3	0.6	1.1	0.8	0.9
8	2.2	1.4	0.5	0.7	1.4	0.8
Total	1.0	0.7	0.8	0.7	0.9	0.5

*95% confidence interval.

[†]Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.[§]Non-Hispanic.[¶]Not available.^{**}Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8j. Percentage of Middle School Students Who Used Smokeless Tobacco,* Smoked Cigars,† and Used Any Tobacco Product,§ by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (±)	%	CI (±)	%	CI (±)
Current smokeless tobacco use						
Race/Ethnicity						
White**	— ^{††}	—	—	—	5.3	4.5
Black**	6.4	2.7	1.3	1.3	4.0	1.5
Hispanic	5.4	2.1	4.2	2.0	4.8	1.5
Other	—	—	—	—	—	—
Grade						
6	4.5	2.9	3.1	2.9	3.8	2.4
7	7.2	2.7	3.4	1.6	5.4	1.8
8	6.1	3.0	2.6	2.1	4.4	2.0
Total	6.1	1.8	3.2	1.4	4.7	1.3
Current cigar use						
Race/Ethnicity						
White	—	—	—	—	3.2	2.4
Black	4.5	2.6	2.3	2.1	3.4	1.9
Hispanic	8.0	2.4	5.8	1.7	6.9	1.5
Other	—	—	—	—	—	—
Grade						
6	1.9	1.8	3.0	2.4	2.4	1.9
7	8.3	3.8	5.7	2.5	7.1	2.6
8	9.8	3.2	3.8	1.8	6.8	2.0
Total	6.8	1.9	4.2	1.3	5.6	1.3
Current tobacco use						
Race/Ethnicity						
White	—	—	—	—	8.2	5.3
Black	12.2	3.8	2.7	2.4	7.6	2.5
Hispanic	10.5	3.1	10.7	3.5	10.5	2.5
Other	—	—	—	—	—	—
Grade						
6	7.1	4.5	7.2	5.2	7.2	3.8
7	12.8	4.2	8.6	4.2	10.7	3.3
8	13.2	4.9	6.7	3.0	10.0	3.2
Total	11.0	2.6	7.7	2.5	9.4	2.0

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.†Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.§Reported current cigarette use, current cigar use, or had used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.

¶95% confidence interval.

**Non-Hispanic.

††Not available.

Table 9j. Percentage of Middle School Students Who Had Ever Had a Drink of Alcohol,* Who Had Ever Used Marijuana, and Who Had Ever Used Cocaine,† by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Lifetime alcohol use						
Race/Ethnicity						
White [¶]	— ^{**}	—	—	—	27.3	8.4
Black [†]	44.3	7.2	36.3	6.8	40.8	5.2
Hispanic	42.2	4.9	44.6	6.3	43.4	4.0
Other	—	—	—	—	—	—
Grade						
6	26.1	5.4	29.8	7.9	28.2	4.1
7	43.4	6.1	39.2	6.9	41.5	5.3
8	53.0	5.8	50.9	6.9	51.9	5.0
Total	41.0	3.7	40.2	4.5	40.7	3.3
Lifetime marijuana use						
Race/Ethnicity						
White	—	—	—	—	5.5	3.5
Black	11.6	5.0	7.2	3.9	9.5	4.0
Hispanic	11.7	3.5	8.3	2.5	10.0	2.3
Other	—	—	—	—	—	—
Grade						
6	3.2	2.4	4.3	3.0	3.7	1.9
7	11.8	5.4	8.6	3.5	10.2	3.7
8	19.1	4.5	8.4	2.4	13.7	3.0
Total	11.3	3.0	7.3	2.0	9.3	2.1
Lifetime cocaine use						
Race/Ethnicity						
White	—	—	—	—	2.8	2.5
Black	4.4	2.5	1.8	1.1	3.1	1.5
Hispanic	5.2	2.0	4.8	2.0	5.0	1.6
Other	—	—	—	—	—	—
Grade						
6	2.3	1.9	2.8	2.3	2.6	1.5
7	5.0	2.5	2.7	1.6	3.9	1.7
8	6.6	2.8	5.3	2.6	5.9	2.4
Total	4.6	1.4	3.7	1.4	4.2	1.1

*Ever had a drink of alcohol, other than a few sips.

†Ever used any form of cocaine (e.g., powder, “crack,” or “freebase”).

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 10j. Percentage of Middle School Students Who Had Ever Used Inhalants* and Who Had Ever Used Steroids, by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Lifetime inhalant use						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	8.8	5.4
Black [§]	12.6	3.6	12.1	3.9	12.5	2.4
Hispanic	12.3	2.9	14.4	2.8	13.3	2.2
Other	—	—	—	—	—	—
Grade						
6	8.7	5.4	15.8	4.5	12.2	3.5
7	16.5	4.9	12.2	3.1	14.6	3.3
8	10.0	3.8	11.9	3.7	10.9	2.7
Total	11.9	2.2	13.2	2.0	12.6	1.5
Lifetime steroid use						
Race/Ethnicity						
White	—	—	—	—	2.2	2.7
Black	2.9	2.0	0.7	1.0	1.8	0.9
Hispanic	2.0	1.1	2.0	1.6	2.0	1.0
Other	—	—	—	—	—	—
Grade						
6	1.4	1.7	2.2	2.3	1.8	1.3
7	2.5	1.9	0.7	0.8	1.6	1.0
8	3.5	1.7	1.8	1.7	2.7	1.3
Total	2.4	1.1	1.6	1.1	2.0	0.8

*Sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.

†95% confidence interval.

§Non-Hispanic.

¶Not available.

Table 11j. Percentage of Middle School Students Who Had Initiated Drug-Related Behaviors Before Age 11 Years, by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White [†]	— [§]	—	—	—	1.9	2.3
Black [†]	9.1	5.1	3.0	2.4	6.1	3.1
Hispanic	6.5	2.2	5.7	2.3	6.1	1.7
Other	—	—	—	—	—	—
Grade						
6	6.4	4.6	4.6	3.6	5.5	3.5
7	7.6	2.7	4.5	2.4	6.1	2.0
8	7.4	2.6	3.6	1.6	5.5	1.7
Total	7.1	2.0	4.2	1.6	5.7	1.4
Had first drink of alcohol before age 11 years[†]						
Race/Ethnicity						
White	—	—	—	—	10.3	3.8
Black	26.1	6.1	17.3	5.0	21.7	4.2
Hispanic	18.7	3.3	17.5	5.1	18.1	3.0
Other	—	—	—	—	—	—
Grade						
6	17.9	5.9	16.7	8.6	17.2	4.9
7	23.2	5.4	17.5	4.5	20.4	4.1
8	19.7	3.7	15.5	4.3	17.6	2.6
Total	20.2	2.6	16.7	3.6	18.5	2.2
Tried marijuana before age 11 years						
Race/Ethnicity						
White	—	—	—	—	0.5	1.0
Black	2.1	2.2	1.0	1.1	1.9	1.4
Hispanic	2.7	1.4	1.9	1.2	2.3	1.0
Other	—	—	—	—	—	—
Grade						
6	1.2	1.4	1.1	1.3	1.5	1.5
7	2.0	1.7	1.2	1.2	1.6	0.9
8	3.8	2.2	1.6	1.5	2.7	1.2
Total	2.3	1.1	1.4	0.8	2.0	0.7

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

[†]Other than a few sips.

Table 12j. Percentage of Middle School Students Who Had Engaged in Sexual Behaviors, by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ever had sexual intercourse						
Race/Ethnicity						
White†	— [§]	—	—	—	8.4	7.0
Black†	42.1	7.5	9.2	4.2	25.6	5.1
Hispanic	26.0	5.3	10.8	2.8	18.4	3.1
Other	—	—	—	—	—	—
Grade						
6	13.4	6.0	5.3	3.1	9.4	3.8
7	31.8	9.3	8.5	3.3	19.9	5.3
8	42.3	5.8	15.0	4.1	28.4	3.9
Total	29.0	5.0	9.8	2.3	19.4	3.1
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White	—	—	—	—	2.7	3.5
Black	24.2	3.9	2.6	2.7	13.4	3.3
Hispanic	5.9	2.0	1.5	0.9	3.7	1.1
Other	—	—	—	—	—	—
Grade						
6	7.6	3.6	3.2	2.7	5.4	2.8
7	14.3	4.3	1.5	1.5	7.8	2.3
8	11.2	3.9	1.7	1.2	6.3	2.2
Total	10.9	2.1	2.1	1.1	6.5	1.4
Had ≥ 3 sex partners						
Race/Ethnicity						
White	—	—	—	—	1.3	1.9
Black	22.0	5.8	0.8	1.2	11.6	3.8
Hispanic	11.3	2.9	2.4	1.3	6.8	1.6
Other	—	—	—	—	—	—
Grade						
6	6.4	3.5	1.2	1.5	3.9	2.0
7	15.9	5.3	2.0	1.8	8.9	2.9
8	18.5	4.8	1.7	1.4	10.1	2.8
Total	13.7	3.0	1.6	0.9	7.7	1.7

*95% confidence interval.

†Non-Hispanic.

§Not available.

Table 13j. Percentage of Middle School Students Who Had Used a Condom During Last Sexual Intercourse* and Who Had Ever Been Taught About Acquired Immunodeficiency Syndrome (AIDS) or Human Immunodeficiency Virus (HIV) Infection in School, by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Used condom during last sexual intercourse						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	—	—
Black [§]	—	—	—	—	68.6	11.6
Hispanic	72.1	8.0	—	—	70.3	6.7
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	73.9	7.1
8	70.8	7.4	—	—	67.8	5.8
Total	72.1	6.6	—	—	69.9	5.2
Had been taught in school about AIDS or HIV infection						
Race/Ethnicity						
White	—	—	—	—	68.9	11.6
Black	71.0	4.3	88.2	6.2	79.3	4.9
Hispanic	71.4	6.2	72.3	6.7	71.9	6.1
Other	—	—	—	—	—	—
Grade						
6	57.3	10.0	67.4	12.7	62.3	10.4
7	76.7	8.3	78.5	7.2	77.5	7.3
8	79.9	5.8	83.7	6.4	81.8	5.5
Total	70.9	4.7	76.6	5.2	73.7	4.6

*Among the 19.4% of students who ever had sexual intercourse.

[†]95% confidence interval.

[§]Non-Hispanic.

[¶]Not available.

Table 14j. Percentage of Middle School Students Who Had Participated in Sufficient Vigorous Physical Activity,* Who Had Played on Any Sports Teams,† and Who Had Watched ≥ 3 Hours per Day of TV,§ by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (±)	%	CI (±)	%	CI (±)
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White**	— ^{††}	—	—	—	56.5	11.1
Black**	60.2	10.1	47.8	9.7	54.0	8.4
Hispanic	68.6	4.9	53.1	4.9	60.8	3.6
Other	—	—	—	—	—	—
Grade						
6	51.9	8.9	45.2	11.4	48.4	7.5
7	74.1	5.3	55.9	6.3	65.2	4.3
8	70.1	4.7	54.4	5.1	62.3	3.4
Total	65.3	4.3	51.7	4.8	58.5	3.6
Played on any sports teams						
Race/Ethnicity						
White	—	—	—	—	41.4	7.6
Black	65.5	6.1	33.8	7.1	49.7	4.8
Hispanic	53.3	4.4	30.4	3.8	41.8	3.2
Other	—	—	—	—	—	—
Grade						
6	54.7	6.9	36.8	8.5	45.9	5.2
7	54.6	4.5	30.8	5.1	42.7	3.3
8	57.1	5.3	31.0	4.2	44.1	3.5
Total	55.5	3.6	32.9	4.0	44.2	2.7
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	—	—	—	—	44.0	10.6
Black	70.7	6.9	72.6	9.1	71.7	6.9
Hispanic	53.8	3.9	56.5	4.7	55.2	3.4
Other	—	—	—	—	—	—
Grade						
6	55.4	6.3	57.5	8.7	56.6	6.9
7	60.2	5.8	60.2	7.1	60.2	4.9
8	59.5	5.4	60.1	6.1	59.9	4.5
Total	58.2	3.4	59.2	4.2	58.8	3.2

*Exercised or participated in physical activities that made them sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).

†Run by their school or community groups.

§On an average school day.

¶95% confidence interval.

**Non-Hispanic.

††Not available.

Table 15j. Percentage of Middle School Students Who Were Enrolled in Physical Education (PE) Class* and Attended PE Class Daily,[†] by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Were enrolled in PE class						
Race/Ethnicity						
White [¶]	— ^{**}	—	—	—	32.2	9.7
Black [†]	48.4	6.7	38.2	10.1	43.1	6.9
Hispanic	43.0	5.7	28.9	4.0	35.9	4.0
Other	—	—	—	—	—	—
Grade						
6	36.7	13.7	29.1	13.7	32.9	12.7
7	48.2	6.2	36.4	7.3	42.3	5.6
8	46.5	7.7	28.3	6.8	37.5	6.0
Total	43.8	4.8	31.3	5.2	37.6	4.3
Attended PE class daily						
Race/Ethnicity						
White	—	—	—	—	11.2	5.7
Black	10.8	6.5	7.7	7.0	9.2	5.3
Hispanic	15.3	4.7	6.9	2.7	11.1	3.5
Other	—	—	—	—	—	—
Grade						
6	12.7	11.3	9.0	11.5	10.8	11.1
7	11.6	6.2	5.8	2.8	8.7	3.8
8	15.8	5.6	7.5	3.0	11.7	4.1
Total	13.4	4.1	7.6	3.7	10.5	3.6

*On one or more days in an average week when they were in school.

[†]5 days in an average week when they were in school.

[§]95% confidence interval.

[¶]Non-Hispanic.

^{**}Not available.

Table 16j. Percentage of Middle School Students Who Were at Risk for Becoming* or Were Overweight,[†] by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
At risk for becoming overweight						
Race/Ethnicity						
White [¶]	— ^{**}	—	—	—	—	—
Black [†]	19.0	6.1	18.2	8.7	18.6	5.4
Hispanic	21.9	4.4	17.2	4.4	19.7	3.4
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	21.0	6.5
7	21.8	5.4	19.6	5.6	20.8	4.5
8	17.7	4.7	14.5	4.3	16.3	3.6
Total	21.3	3.7	16.4	3.3	19.0	2.7
Overweight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	15.3	6.5	10.1	4.1	12.8	3.7
Hispanic	20.1	4.9	8.1	2.6	14.4	3.2
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	19.3	12.0
7	15.5	5.7	9.3	3.1	12.7	3.5
8	16.9	4.6	8.7	3.3	13.1	2.8
Total	19.2	4.8	8.9	2.0	14.3	3.1

*Students who were \geq 85th percentile but $<$ 95th percentile for body mass index, by age and sex, based on reference data.

[†]Students who were \geq 95th percentile for body mass index, by age and sex, based on reference data.

[§]95% confidence interval.

[¶]Non-Hispanic.

^{**}Not available.

Table 17j. Percentage of Middle School Students Who Described Themselves as Slightly or Very Overweight and Who Were Trying To Lose Weight, by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Described themselves as overweight						
Race/Ethnicity						
White [†]	— [§]	—	—	—	24.8	8.5
Black [†]	15.8	5.1	23.8	6.6	20.1	4.4
Hispanic	25.3	3.7	33.8	4.5	29.5	2.9
Other	—	—	—	—	—	—
Grade						
6	25.2	7.1	20.4	5.3	23.1	2.7
7	19.8	6.2	32.8	5.3	26.2	4.2
8	23.4	4.7	35.7	6.2	29.3	4.5
Total	22.9	3.7	29.3	3.6	26.1	2.4
Were trying to lose weight						
Race/Ethnicity						
White	—	—	—	—	51.2	9.8
Black	29.0	5.6	43.5	6.1	36.3	3.5
Hispanic	43.2	5.1	58.7	3.9	50.8	3.6
Other	—	—	—	—	—	—
Grade						
6	39.9	11.2	50.7	6.3	45.4	6.6
7	40.7	5.1	52.9	4.2	46.7	3.4
8	36.7	4.7	57.4	5.9	46.6	4.4
Total	39.1	4.7	53.7	2.8	46.3	2.9

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

Table 18j. Percentage of Middle School Students Who Had Ever Engaged in Healthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White [†]	— [§]	—	—	—	50.8	6.1
Black [†]	32.0	3.9	42.8	6.6	37.1	4.1
Hispanic	40.1	5.2	59.0	3.6	49.4	3.3
Other	—	—	—	—	—	—
Grade						
6	40.0	9.2	46.8	7.0	43.1	6.1
7	36.1	5.7	58.0	3.8	46.9	3.7
8	38.0	4.3	57.5	5.4	47.5	3.7
Total	37.9	3.8	53.9	3.5	45.7	2.8
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	—	—	—	—	65.9	6.3
Black	52.6	6.8	63.5	7.0	58.0	5.5
Hispanic	60.2	4.8	73.8	3.8	66.9	3.3
Other	—	—	—	—	—	—
Grade						
6	51.9	9.0	65.4	6.3	58.6	6.5
7	60.5	6.4	76.2	4.7	68.1	3.8
8	59.0	4.2	71.4	5.1	64.9	3.6
Total	57.3	3.9	70.9	3.2	64.0	2.8

*95% confidence interval.

[†]Non-Hispanic.[§]Not available.

Table 19j. Percentage of Middle School Students Who Had Ever Engaged in Unhealthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Went without eating for \geq 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White [†]	— [§]	—	—	—	19.0	8.7
Black [†]	19.6	4.8	24.6	7.3	22.1	4.3
Hispanic	12.3	2.4	16.5	3.0	14.4	2.0
Other	—	—	—	—	—	—
Grade						
6	19.5	3.9	21.5	6.2	20.4	3.4
7	12.8	3.5	13.5	4.6	13.3	3.4
8	13.5	3.4	21.7	4.4	17.5	3.0
Total	15.4	2.2	18.8	3.1	17.1	1.9
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight[¶]						
Race/Ethnicity						
White	—	—	—	—	4.5	4.3
Black	4.2	2.3	4.0	2.5	4.1	1.8
Hispanic	7.1	2.1	7.4	2.1	7.3	1.3
Other	—	—	—	—	—	—
Grade						
6	4.6	3.6	2.9	2.7	3.8	2.0
7	7.1	3.2	6.4	2.6	6.7	2.0
8	6.1	2.0	8.6	2.4	7.3	1.4
Total	5.9	1.9	6.0	1.7	6.0	1.1
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	—	—	—	—	3.6	3.2
Black	6.2	3.6	8.3	3.6	7.2	2.6
Hispanic	3.4	1.6	8.2	3.0	5.8	1.6
Other	—	—	—	—	—	—
Grade						
6	3.7	2.7	7.8	4.9	5.7	2.5
7	4.8	2.2	5.1	2.5	5.0	1.6
8	4.3	2.0	10.5	3.2	7.3	1.9
Total	4.3	1.5	7.8	2.2	6.0	1.3

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

[¶]Without a doctor's advice.